SHOW ME HEALTHY WOMEN

A free breast and cervical cancer screening program

What is Show Me Healthy Women?

Show Me Healthy Women (SMHW) began in 1992, and is Missouri's implementation of the National Breast and Cervical Cancer Early Detection Program (NBCCEDP).[1] It provides free breast and cervical cancer screenings throughout Missouri, for women meeting certain age, income and insurance guidelines.[2] SMHW is funded by the Centers for Disease Control and Prevention (CDC) and several national, regional and local partner organizations.

Who qualifies for Show Me Healthy Women?

Figure 1 shows the estimated number[3] of Missouri women eligible for, and number screened by SMHW. To be eligible for SMHW services, women must meet all of the following guidelines:

- Income at or below 250 percent of the federal poverty level for household income.
- Age 35 to 64, or older if they do not receive Medicare Part B.
- No insurance to cover program services.

All women who meet the above criteria are eligible for services regardless of provider location.

Where are services available?

- Providers in 90 counties plus the City of St. Louis offer services for Show Me Healthy Women.
- There are 200 provider locations throughout the state, including local public health agencies, federally qualified health centers, hospitals, private physician offices and not-for-profit health centers.

A full listing of providers is available on the SMHW website: Health.Mo.Gov/showmehealthywomen

What services are offered?

Figure 2 shows the number of screening and diagnostic services provided by SMHW, from 2019 through 2021.[2]

Screening services

- Clinical breast exams (CBE)
- Screening mammograms for women age 50-64
- Screening mammograms for women 40-49 using donated funds, if available
- Pap tests
- Pelvic exams

Diagnostic services

- Specialist consultation (breast and cervical)
- Diagnostic mammograms
- Ultrasound
- Fine needle aspiration
- Cold knife conization (diagnostic purposes)
- Breast biopsies
- Loop electrode biopsy (LEEP)
- Colposcopy (with or without biopsy)

Who benefits from Show Me Healthy Women?

- Based on the U.S. Census Bureau population estimates in 2021, approximately 97,786 Missouri women, aged 35- 64 (6.5 percent), are eligible for SMHW services.[4]
- Statewide, SMHW provides services for about 5,500 to 6,500 women each year.[2]
- About 100 breast cancers and 40 to 60 cervical cancers are identified and referred for treatment each year.

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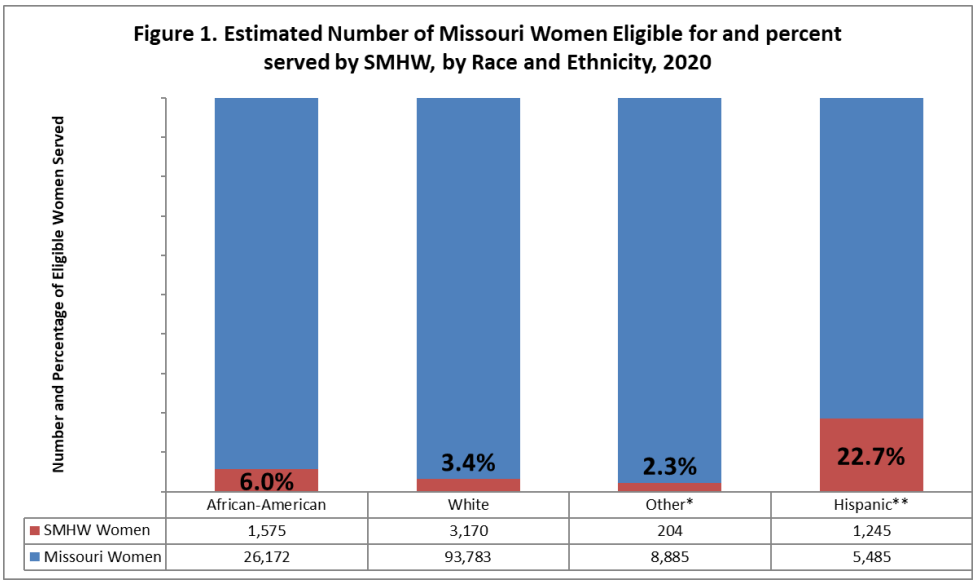
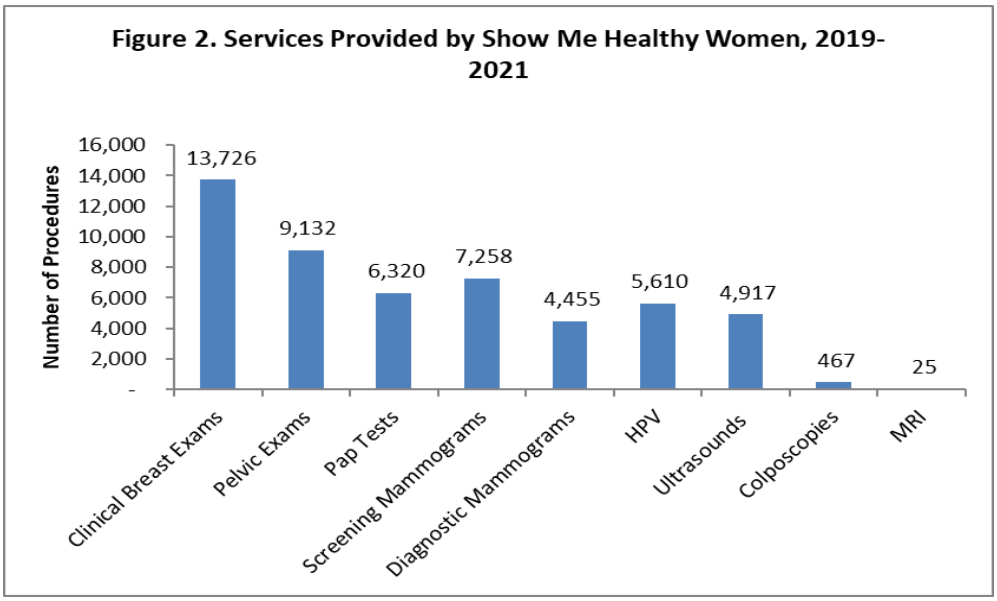


† Current Population Survey Estimates are based on annual American Community Survey sampling for 2020, by the U.S. Census Bureau
** "Other" includes clients who reported: American Indian/Alaska Native, Native Hawaiian/Pacific Islander, Asian, and Two or more races.*
*** Hispanic ethnicity is asked as a separate question from race and may include any or all combinations reported for race.*



References

[1] U.S. Centers for Disease Control and Prevention. *National Breast and Cervical Cancer Early Detection Program*. http://www.cdc.gov/cancer/nbccedp/ Retrieved January 21, 2023.

[2] Missouri Department of Health and Senior Services. *Show Me Healthy Women Program*. www.health.mo.gov/showmehealthywomen Retrieved January 21, 2023.

[3] U.S. Census Bureau. *Current Population Survey, CPS 2020 Annual Social and Economic Supplement (ASEC)*. http://www.census.gov/cps/data/cpstablecreator.html Retrieved January 21, 2023.